

**A DSPL2 free evening  
workshop for parent/carers**

**Delivered by ADHD/Autism  
Specialist Trainers  
from ADD-vance**



**DSPL2 are pleased to present**

## **Understanding ADHD for Parent/Carers**

**This 2-hour workshop is designed to meet the needs of parent/carers  
to help them build on existing skills in supporting  
children with ADHD**

**The workshop will take place between 6 pm - 8 pm  
on  
Tuesday 22nd October 2019  
At**

**The Oak Suite, Peartree Spring Primary School  
Hydean Way, Stevenage SG2 9GG**

**To book, please email [d.hansen@peartreespring.herts.sch.uk](mailto:d.hansen@peartreespring.herts.sch.uk)  
Places are limited, so please do book early to avoid disappointment**

**Please note that this course is only open to Stevenage, Knebworth, Datchworth,  
Benington, Walkern, Aston and Graveley parent/carers**

## **Who is this workshop for?**

Parent/carers of children/young people aged 5 –14 with a diagnosis or suspected diagnosis of Attention Deficit Hyperactivity Disorder (ADHD)

## **What are the Learning Outcomes?**

The workshop is designed to help parent/carers:

- Understand what is ADHD
- Describe common myths and facts about ADHD
- Recognise the diagnostic criteria for ADHD
- Identify strengths and difficulties faced by a child with ADHD
- Discover top tips

## **What methods will be used at the workshop?**

Presentation and small group work

## **What will be provided?**

- Light refreshments
- Workshop learning pack

## **When and where will the workshops take place?**

The Oak Suite  
Peartree Spring Primary School  
Hydean Way  
Stevenage  
SG2 9GG

On Tuesday 22nd October 2019, from 6 pm to 8 pm

## **How do I book a place?**

Please book via [d.hansen@peartreespring.herts.sch.uk](mailto:d.hansen@peartreespring.herts.sch.uk)  
We will then confirm your booking