

COURSES FOR Parents of Children 0-12 years



TALKING FAMILIES

Mondays 7.00 - 9.00pm Face to Face ID:599

The Oval Community Centre, Vardon Rd, Stevenage SG1 5RD

30th October, 6th, 13th, 20th, 27th November & 4th December 2023

Our FREE 6-week course for parents and carers of children aged 0-12 will help you to:

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**
- **Develop strong parent/child relationship now and for the future**

**OPEN TO PARENTS AND
CARERS ACROSS
HERTFORDSHIRE**

**Booking essential
Please quote the course ID**

**To check eligibility and book a
place, contact Supporting Links on:**

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk

**'It has taught me new skills to deal
with family life'**

