



**Are you dealing with challenging  
behaviour from your teens?**

*Do they have an FFA, CIN, CP or a  
YOUTH JUSTICE PLAN?*

**Join our free online groups for support in  
dealing with your teen's behaviour**

Wednesday 7pm – 9pm 7th October to 18th November

Thursday 7pm - 9pm 12th November to 17 December

Friday 09.30am – 11.30am 13th November to 18th December.

**Places are limited so please book early to avoid  
disappointment**

**For more information, contact Louise on [01707 247032](tel:01707247032) or email [LouiseV@familylives.org.uk](mailto:LouiseV@familylives.org.uk)**

**This course is open to parent/carers who  
are residents of Hertfordshire only.**



**@FamilyLivesHertsandBeds**

**[www.familylives.org.uk](http://www.familylives.org.uk)**