



ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN

TOPIC TITLE/SUBJECT: PSHE - Growing and Changing (SRE)

YEAR GROUP: 4

TERM Summer 1

<p>Vocabulary</p> <p><i>Puberty</i> human lifecycle CHANGES reproduce</p> <p>respect relationships friendships</p> <p>sleep floss toothbrush mouthwash</p> <p>toothpaste</p> <p>Floss</p> <p>toothbrush</p> <p>MOUTHWASH</p> <p>toothpaste</p>	<p>Skills</p> <ul style="list-style-type: none"> • Understand that puberty is an important stage in the human lifecycle • Know some changes that happen during puberty • Know about the physical and emotional changes that happen in puberty • Understand that children change into adults to be able to reproduce if they choose to • Know that respect is important in all relationships including online • Explain how friendships can make people feel • The importance of sleep • Dental health 	<p>What we already know</p> <p>Year 3 – People are unique, differences between male and female bodies, the name of body parts, what is personal space, each person’s body belongs to them, how to keep our body healthy</p>
<p>Application/ Outcomes</p> <ul style="list-style-type: none"> • Body part bingo • Life cycle quiz • Body changes worksheet – spot the difference • Puberty card sort • Healthy relationships situation cards • Write sleep leaflets • Sorting good/bad things for teeth 	<p>Concepts</p> <ul style="list-style-type: none"> • Body part bingo • Life cycle quiz • Body changes worksheet – spot the difference • Puberty card sort • Healthy relationships situation card • Discuss good sleeping habits • Discuss teeth and how to keep them clean/look after them. 	<p>Other/Cross Curricular Links with English/Maths</p> <p>Anti racism</p> <p>Science – Life cycles, body parts, reproduction, teeth (Links to Animals inc. Humans unit on animal teeth)</p> <hr/> <p>Adaptation for SEND</p> <p>Visual images of body parts as well as vocabulary to match up</p> <p>Visual representations of the different stages of puberty</p> <p>True/False games and quizzes</p>