

## Maternity & Children, Young People and Families Related COVID-19 Guidance and Resources Issue dated 28<sup>th</sup> April - new additions highlighted \*

### Resources for parents, carers and families

Illness in new born babies' leaflet

<https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/04/Illness-in-newborn-babies-leaflet-FINAL-070420.pdf>

COVID19 parent information leaflet for new born babies

<https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/04/Coronavirus-Parent-information-for-newborn-babies-leaflet-FINAL-070420.pdf>

COVID19 coping with a crying baby parent information leaflet

<https://ihv.org.uk/wp-content/uploads/2020/04/PT-Coping-with-a-crying-baby-during-COVID19-FINAL-VERSION-14.4.20.pdf>

COVID19 CYP & families related campaign resources

<https://campaignresources.phe.gov.uk/resources/campaigns/101/resources/5105>

COVID19 resources for children from the Children's Commissioner's Office

<https://www.childrenscommissioner.gov.uk/publication/childrens-guide-to-coronavirus/>

\* [https://www.childrenscommissioner.gov.uk/coronavirus/digital-safety-and-wellbeing-kit/#163961\\_20200414015459](https://www.childrenscommissioner.gov.uk/coronavirus/digital-safety-and-wellbeing-kit/#163961_20200414015459)

COVID19 Children's story books

<https://www.who.int/news-room/detail/09-04-2020-children-s-story-book-released-to-help-children-and-young-people-cope-with-covid-19>

\* [Coronavirus A book for children](#). Illustrated by Axel Scheffler and published by Nosy Crow with expert input including Professor Graham Medley of the London School of Hygiene & Tropical Medicine. The book answers key questions in simple language appropriate for 5 to 9-year olds

COVID19 resources for parents and carers from the NSPCC

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>

COVID19 resources for parents and carers from Family Lives

<https://www.familylives.org.uk/advice/your-family/family-life/coping-practically-and-emotionally-during-the-covid-19-outbreak/>

Young Minds

<https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/>

\* Childline – tips to cope during lockdown for children and young people

[https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/#lockdown#163961\\_20200414114837](https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/#lockdown#163961_20200414114837)

\* COVID 19 – Advice and support for parents and carers at this difficult time from the NSPCC -

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>

Helpline can be reached 24 hours a day by email, at [help@nspcc.org.uk](mailto:help@nspcc.org.uk), or through its online reporting form on the main NSPCC website. Helpline practitioners can be contacted on **0808 800 5000** Monday to Friday 8am-10pm or 9am-6pm at the weekends.

\* COVID19 advice for parents and carers from the Child Accident Prevention Trust from Family Lives

<https://www.capt.org.uk/News/preventing-accidents-in-the-home>

Council for Disabled Children have a collection of resources for public facing and professional resources

<https://councilfordisabledchildren.org.uk/help-resources/resources/covid-19-support-and-guidance>

## National guidance for parents, carers and families

Guidance for parents and families from the Institute of Health Visiting <https://ihv.org.uk/families/parenting-through-coronavirus-covid-19/>

\*[Updated 21<sup>st</sup> April] PHE guidance for parents and carers on supporting children and young people's mental health and wellbeing during the coronavirus (COVID-19) pandemic [Guidance on supporting children and young people's mental health and wellbeing](#)

Government advice and guidance to help parents and carers to keep children safe online during the coronavirus (COVID-19) outbreak. <https://www.gov.uk/government/publications/coronavirus-covid-19-keeping-children-safe-online/coronavirus-covid-19-support-for-parents-and-carers-to-keep-children-safe-online#keep-your-child-safe-online>

Coronavirus (COVID-19): support for victims of domestic abuse <https://www.gov.uk/government/publications/coronavirus-covid-19-and-domestic-abuse>

\* [Updated 23<sup>rd</sup> April] What parents and carers need to know about schools and education during the coronavirus outbreak- updated sections on closures, transport, vulnerable children, critical workers and resources <https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers/closure-of-educational-settings-information-for-parents-and-carers>

## Resources for health and social care professionals

\*Literature search pack from MIDIRS includes records on all aspects of the Coronavirus (COVID-19) in pregnancy, labour and the postnatal period – available to midwives [P200 Coronavirus \(COVID-19\) search pack – free to midwives, students and MSWs \(The Royal College of Midwives \(RCM\)\)](#)

\*The British Association for Community Child Health (BACCH) has compiled information for those working in community child health on how to keep children safe during coronavirus. This includes: guidance for paediatric services from the Royal College of Paediatrics and Child Health (RCPCH), which is reviewed daily; ethical guidance and advanced care planning for children and young people with a disability [https://www.bacch.org.uk/posts/8-covid-19-bacch-resources#163961\\_20200414032729](https://www.bacch.org.uk/posts/8-covid-19-bacch-resources#163961_20200414032729)

\*UK Baby Friendly Initiative quick reference guide for health professionals on supporting mothers to maximise the amount of breastmilk they are able to give or to re-lactate if they have stopped breastfeeding and wish to re-start. <https://www.unicef.org.uk/babyfriendly/covid-19/>

\*Social Care Institute of Excellence [quick guide](#) is for practitioners working to safeguard children and families during the COVID-19 outbreak, including social workers and those working in social care settings.

\*NSPCC Coronavirus briefing for social workers <https://learning.nspcc.org.uk/media/2196/coronavirus-briefing-guidance-for-social-workers.pdf> and associated resources

## Resources shared by local authorities

<https://www.berkshirewestsafeguardingchildrenpartnership.org.uk/scp/helping-you/coronavirus>

<https://www.gov.uk/government/news/dont-miss-out-claim-child-benefit-by-phone-or-post-hmrc-tells-new-parents>

## National guidance

Public Health England Coronavirus (COVID-19): guidance updated daily  
<https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>

## Guidance for NHS, Health Visiting and Maternity Services

PHE guidance for Health Professionals <https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance#guidance-for-health-professionals>

NHS England have published this guidance for maternity services  
<https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/04/C0241-specialty-guide-intrapartum-maternity-care-9-april-2020.pdf>

The Institute of Health Visiting have recently published COVID-19 professional advice for health visiting services <https://ihv.org.uk/news-and-views/news/ihv-launches-covid-19-professional-advice-for-health-visiting/>.

Please also see NHS England [https://www.england.nhs.uk/coronavirus/publication/covid-19-prioritisation-within-community-health-services-with-annex\\_19-march-2020/](https://www.england.nhs.uk/coronavirus/publication/covid-19-prioritisation-within-community-health-services-with-annex_19-march-2020/)

Guidance for pregnant women <https://www.rcog.org.uk/en/guidelines-research-services/guidelines/coronavirus-pregnancy/covid-19-virus-infection-and-pregnancy/>

\*Guidance for midwifery services on 'freebirth' or 'unassisted childbirth' during the COVID-19 pandemic  
[https://www.rcm.org.uk/media/3904/freebirth\\_draft\\_23-april-v5-002-mrd-1.pdf](https://www.rcm.org.uk/media/3904/freebirth_draft_23-april-v5-002-mrd-1.pdf)

## Guidance for local authorities, school, colleges and early years providers

Guidance for schools and early years settings can be accessed via the coronavirus.gov.uk homepage under education and childcare <https://www.gov.uk/coronavirus>

Ministry of Housing, Communities and Local Government guidance for councils can be found here <https://www.gov.uk/guidance/coronavirus-covid-19-guidance-for-local-government#history>

\*[Published 20th April] DfE revisions to national data collections and data services for this academic or financial year <https://www.gov.uk/government/publications/coronavirus-covid-19-reducing-burdens-on-educational-and-care-settings/reducing-burdens-on-educational-and-care-settings>

\*[Updated 21<sup>st</sup> April] DfE guidance on actions for early years settings section on Early Years Foundation Stage and assessments updated <https://www.gov.uk/government/publications/coronavirus-covid-19-early-years-and-childcare-closures/coronavirus-covid-19-early-years-and-childcare-closures>

\*[Updated 19<sup>th</sup> April] DfE guidance for schools and local authorities on what to do during the Coronavirus outbreak updated with information on online resources and remote learning, workforce, and vulnerable children. <https://www.gov.uk/government/publications/covid-19-school-closures#history>

\*[Published 19<sup>th</sup> April] DfE remote education homepage with all links to information, guidance and support for teachers and leaders on educating children during the coronavirus outbreak, including

- \*[New] DfE guidance for teachers and school leading on safeguarding specific to home education Safeguarding and remote education during coronavirus (COVID-19) <https://www.gov.uk/guidance/safeguarding-and-remote-education-during-coronavirus-covid-19>
- DfE online education resources for home education <https://www.gov.uk/government/publications/coronavirus-covid-19-online-education-resources/coronavirus-covid-19-list-of-online-education-resources-for-home-education> - includes links to Rise Above for secondary age and 10 minute shake up Change4Life resources for primary age.

Free school meals voucher scheme. <https://www.gov.uk/government/news/voucher-scheme-launches-for-schools-providing-free-school-meals>. And information about claiming child benefit <https://www.gov.uk/government/news/dont-miss-out-claim-child-benefit-by-phone-or-post-hmrc-tells-new-parents>

\*[Updated 20<sup>th</sup> April] DfE free school meal guidance Updated information about school food contracts and free school meal eligibility. Added guidance and a sample application form on the temporary extension of free school meals eligibility to NRPF groups. <https://www.gov.uk/government/publications/covid-19-free-school-meals-guidance#history>

\*[Updated 19<sup>th</sup> April] DfE guidance on supporting vulnerable children and young people. Clarifications made to existing guidance including the actions to be taken for each group around their attendance or otherwise at an education setting. No changes to groups included in the definition. <https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-vulnerable-children-and-young-people>

\*[Published 19<sup>th</sup> April] DfE Risk assessment guidance for settings managing children and young people with an education, health and care (EHC) plan during the coronavirus (COVID-19) outbreak. <https://www.gov.uk/government/publications/coronavirus-covid-19-send-risk-assessment-guidance>

\* DfE guidance for local authorities; for those who have corporate parenting responsibilities; local safeguarding partnerships; social workers; residential care providers and staff. [Coronavirus \(COVID-19\): guidance for local authorities on children's social care \(Department for Education\)](https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-for-local-authorities-on-childrens-social-care)

#### **Other items to note:**

\*[Published 21<sup>st</sup> April] Transparency data Coronavirus (COVID-19): [attendance in education and early years settings](https://www.gov.uk/government/publications/coronavirus-covid-19-attendance-in-education-and-early-years-settings). [Coronavirus \(COVID-19\): attendance in education and early years settings](https://www.gov.uk/government/publications/coronavirus-covid-19-attendance-in-education-and-early-years-settings).

\*The PSHE Association published a [guide for parents/carers on including PSHE](https://www.pshe.org.uk/resources/guide-for-parents-carers-on-including-pshe) as part of home education that is free to download. This sits alongside a [Coronavirus hub](https://www.pshe.org.uk/resources/coronavirus-hub) and primary/secondary mental health and emotional wellbeing home learning packs for member schools to share with parents

\* PHE & British Society for Antimicrobial Chemotherapy (BSACEbug-Bug Health Educator Training – Online course to improve your ability to teach children and young people how to prevent the spread of infection and to use antibiotics responsibly <https://www.futurelearn.com/courses/e-bug-health-educator-training>

\* Healthy Child Programme Quarter 3 statistic for 2019 to 2020 were published for local authorities, PHE centres and others to inform the development of these services locally on 22 April:

- The [breastfeeding at 6-to-8 weeks-after-birth statistics](https://www.gov.uk/government/publications/breastfeeding-at-6-to-8-weeks-after-birth-statistics) show the percentage of mothers who continue breastfeeding.
- The [health visitor service delivery metrics](https://www.gov.uk/government/publications/health-visitor-service-delivery-metrics) cover the antenatal check, new birth visit, 6-to-8 week review, 12 month assessment and 2-to-2½ year assessment (including coverage of the [Ages and Stages Questionnaire](https://www.gov.uk/government/publications/ages-and-stages-questionnaire) (ASQ-3)).
- The [child development outcomes at 2-to-2½ years data](https://www.gov.uk/government/publications/child-development-outcomes-at-2-to-2-1-2-years-data) looks at children who were at or above the expected level for various child development outcomes using data from the ASQ-3 questionnaire

#### **Health Visitor Metrics Data submission**

PHE are suspending the collection of data to the interim 0 to 5 national reporting system for the moment so that it does not divert efforts from local COVID-19 planning and response. It is strongly recommended that all CHIS functions continue business as usual to support the continued delivery of vital public health programmes and to enable an effective recovery. In terms of the Community Services Data Set, NHS Digital encourage providers to continue to make monthly submissions of CSDS v1.0 data if possible.

We will provide full details of the revised process for data collection for 2019-20 when it restarts. We will also give information about the process for reporting data from face-to-face and phone or digital contacts in 2020-21. Virtual contacts will be counted as valid, mandated service delivery during the period of the response. We will seek to ensure that no local authority is disadvantaged because of the temporary suspension of data collection.

- Data for quarter 4 2019-20 which was due for publication in July will be postponed to a later date.
- Any further changes will be announced in the [Statistics Release calendar](#).

Publication of several PHE papers has been delayed due to COVID. They include:

- The Healthy Pregnancy Pathway
- A refreshed health visitor and school nurse model, revised High Impact Areas & Commissioning Guidance
- Best Start in Speech, Language and Communication: Guidance to support local commissioners and service leads (including supporting materials)
- ACES & vulnerabilities paper and narrative report