

# Parent/Carer Chat and Connect Session - Hertfordshire



## OVERVIEW:

This monthly, regular online drop in offers an informal space to share and connect with other parents/carers who have similar experiences supporting their child's mental health.

These sessions are facilitated by Specialist Family Support Workers who can offer advice and support.

Each month we will cover a different topic, please follow our social media posts for updates.

## DATES & VENUE

### Tuesdays:

14th Nov

12th Dec

**Time:** 6:30pm - 8:00pm

**Venue:** Online via Microsoft Teams

**Cost:** Free (funded by Hertfordshire County Council)

**TO BOOK A PLACE:** Please [CLICK HERE](#)  
Or visit: [nessieined.com](https://nessieined.com)

*Helping children and young people thrive*

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