




ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN

TOPIC TITLE/SUBJECT: Outdoor Adventurous Activities

YEAR GROUP: 3

TERM: Spring 1

<p>Vocabulary</p> <ul style="list-style-type: none"> • Outdoor adventurous activities • Teamwork • Communication • Cooperation • Leadership • Roles • Challenge • Orientate • Trail • Key • Evaluate • Personal performance 	<p>Skills</p> <ul style="list-style-type: none"> • Orientate themselves with increasing confidence and accuracy around a short trail. • Identify and use effective communication to begin to work as a team. • Identify symbols used on a key. • Begin to choose equipment that is appropriate for an activity. • Communicate with others. • Begin to complete activities in a set period of time. • Begin to offer an evaluation of personal performances and activities. • Describe how their performance has improved over time. 	<p>What we already know</p> <ul style="list-style-type: none"> • OAA does not form part of the P.E. curriculum at KS1.
<p>Illustration</p> 	<p>Application/ Outcomes</p> <ul style="list-style-type: none"> • To successfully navigate around different courses / trails using maps. • To take on different roles within a group to solve different team building challenges. • To communicate to solve a problem effectively. 	<p>Concepts</p> <ul style="list-style-type: none"> • Map work • Keys • Compass work • Direction • Degrees • Understanding of keys on a map • Cooperation • Teamwork • Communication
<p>Other/Cross Curricular Links with English/Maths</p> <ul style="list-style-type: none"> • Maths – direction, co-ordinates, degrees • PSHCE – turn taking, working with peers, cooperation, leadership, communication. • Geography – map work, orienteering. 	<p>Adaptation for SEND</p> <ul style="list-style-type: none"> • Less success criteria • Simplified maps • Selective partnerships / teams for support • Adapted course / trails • Longer time to complete tasks • Adult support 	