

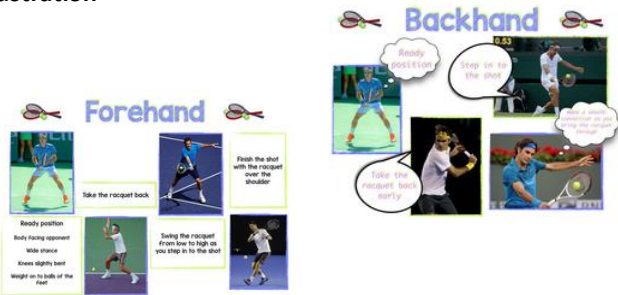


## ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN

**TOPIC TITLE/SUBJECT:** Tennis

**YEAR GROUP:** 3

**TERM:** Autumn 2

Vocabulary	Skills	What we already know
<ul style="list-style-type: none"> <li>• Forehand</li> <li>• Backhand</li> <li>• Serve</li> <li>• Accuracy</li> <li>• Technique</li> <li>• Shot</li> <li>• Rally</li> <li>• Net</li> <li>• Tramlines</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate successful hitting and striking skills.</li> <li>• Develop a range of skills in striking.</li> <li>• Practise the correct batting technique and use it in a game.</li> <li>• Find a useful space and get into it to support teammates (if in a doubles game).</li> <li>• Know how to play a striking game fairly.</li> <li>• Develop the quality of the actions in their performance.</li> <li>• Perform learnt skills and techniques with control and confidence.</li> <li>• Compete against self and others in a controlled manner.</li> </ul>	<ul style="list-style-type: none"> <li>• At KS1, children have previously had some exposure to trying to hit a ball using a racquet. They will have practised this skill in isolation and have limited / no understanding of the rules of tennis or applying this skill in a game situation.</li> </ul>
<p><b>Illustration</b></p>  <p>The illustrations show the sequence of movements for a forehand and backhand stroke. The forehand section includes steps for ready position, taking the racquet back, and finishing the shot. The backhand section includes steps for ready position, stepping in to the shot, and taking the racquet too early.</p>	<p><b>Application/ Outcomes</b></p> <ul style="list-style-type: none"> <li>• To apply all of the above skills in small sided games (using the nets) 1v1 and 2v2 (doubles).</li> <li>• To begin to show some understanding of the rules of tennis.</li> </ul>	<p><b>Concepts</b></p> <ul style="list-style-type: none"> <li>• Forehand</li> <li>• Backhand</li> <li>• Serving</li> <li>• Positioning</li> <li>• Rallies</li> </ul>
<p><b>Other/Cross Curricular Links with English/Maths</b></p> <ul style="list-style-type: none"> <li>• Maths – direction, fractions e.g. bouncing the ball 2/3 of the way across the court.</li> <li>• PSHCE – turn taking, working with peers, cooperation.</li> </ul>		<p><b>Adaptation for SEND</b></p> <ul style="list-style-type: none"> <li>• Larger balls</li> <li>• Simplified skills / adapted practices</li> <li>• Practising skills in isolation</li> <li>• Shorter distances</li> <li>• Selective learning partners</li> </ul>