




ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN

TOPIC TITLE/SUBJECT: Outdoor Adventurous Activities (Orienteering)

YEAR GROUP:4

TERM: Summer 2

<p>Vocabulary</p> <ul style="list-style-type: none"> • Outdoor adventurous activities • Teamwork • Communication • Cooperation • Leadership • Roles • Challenge • Orientate • Trail • Key <ul style="list-style-type: none"> • Evaluate • Personal performance • Orienteering • Map • Key • Scale • Navigate/navigation 	<p>Skills</p> <ul style="list-style-type: none"> • Orientate themselves with accuracy around a short trail. • Create a short trail for others with physical challenge. • Start to recognise features of an orienteering course. • Communicate clearly with other people in a team, and with other teams. • Have experience of a range of roles within a team and begin to identify key skills required to succeed at each. • Associate the meaning of a key in the context of the environment. • Try a range of equipment for creating and completing an activity. • Make an informed decision on the best equipment to use for an activity. • Plan and organise a trail that others can follow. • Communicate clearly with others. • Work as part of a team. • Begin to use a map to complete an orienteering course. • Complete an orienteering course more than once and begin to identify ways of improving completion time. • Offer an evaluation of both personal performances and activities. • Start to improve trails to increase the challenge of the course. 	<p>What we already know</p> <ul style="list-style-type: none"> • OAA does not form part of the P.E. curriculum at KS1. • In year 3, children have taken part in team building activities with a strong focus on their communication skills. Children have previously begun to orientate themselves with increasing confidence and accuracy around a short trail.
<p>Illustrations</p> 	<p>Application/ Outcomes</p> <ul style="list-style-type: none"> • Work together in small groups, developing problem solving skills • Begin to show leadership qualities • Follow a map within a familiar space • Know what equipment they would need for the activity 	<p>Concepts</p> <ul style="list-style-type: none"> • Map work • Direction • Degrees • Teamwork • Cooperation • Keys • Communication • Trails • Problem solving
<p>Other/Cross Curricular Links with English/Maths</p> <ul style="list-style-type: none"> • Maths – direction, co-ordinates, degrees • PSHCE – turn taking, working with peers, cooperation, leadership, communication. • Geography – map work, orienteering, compass work. 	<p>Adaptation for SEND</p> <ul style="list-style-type: none"> • Less success criteria • Simplified maps • Selective partnerships / teams for support • Adapted course / trails • Longer time to complete tasks • Adult support 	