## ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN

**TOPIC TITLE/SUBJECT:** PSHCE (Relationships and Health)

# YEAR GROUP: 6 TERM Autumn 1



# Vocabulary

Friendship, healthy, unhealthy, security, mutual respect, positive, negative, friends, FAMILY, advice, support, characteristics, truth, trustworthiness, honesty, loyalty, kindness, generosity, marriage, commitment

#### Skills

- How important friendships are in making us feel happy and secure
- How people choose and make friendships, the characteristics of friendships: Mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and support
- How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, how to seek advice from others, if needed
- Practical steps they can take in a range of different contexts (friendship) to improve or support healthy relationships
- Practical steps they can take in a range of different contexts (families) to improve or support healthy relationships
- Understand that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong

# What we already know

### Year 3

- Why do we have friends?
- What is bullying? The impacts it can have
- The ups and downs of friendships, good and bad friendships
- Different types of families

## Year 4

- Resolving differences
- The difference between lonely and alone
- What makes a happy family?
- What marriage is

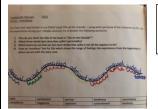
#### Year 5

- Discrimination and equality
- Different types of bullying and the impact on mental health
- Where to seek help if we are worried

#### Illustration



# **Application/ Outcomes**



Guided Reading – Using extracts linked to friendship issues

# Emotion timeline of character



## Concepts

- Family & Friends
- Positive relationships
- Friendship Respect
- Healthy and unhealthy relationships



Other/Cross- Curricular Links

PE –Healthy body, health mind. RE – respect, discrimination, equality, commitment, PSHCE – How do we stay healthy? The effect of drugs Body image lesson (nurse follow up)

SEN adaptations – differentiated questioning