

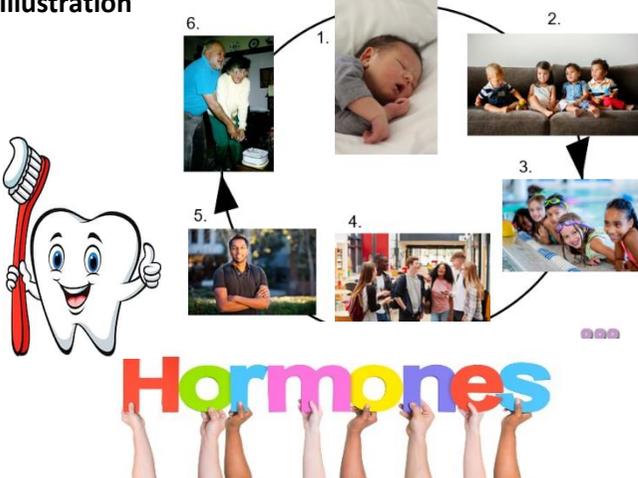


ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN

TOPIC TITLE/SUBJECT: PSHE - Growing and Changing (SRE)

YEAR GROUP: 4

TERM Summer 1

<p>Vocabulary</p>  <p>floss toothbrush mouthwash toothpaste</p> <p><i>Puberty</i> human lifecycle CHANGES reproduce <i>respect</i> relationships <i>friendships</i> sleep</p>	<p>Skills</p> <ul style="list-style-type: none"> • Understand that puberty is an important stage in the human lifecycle • Know some changes that happen during puberty • Know about the physical and emotional changes that happen in puberty • Understand that children change into adults to be able to reproduce if they choose to • Know that respect is important in all relationships including online • Explain how friendships can make people feel 	<p>What we already know</p> <p>Year 3 – People are unique, differences between male and female bodies, the name of body parts, what is personal space, each person’s body belongs to them, how to keep our body healthy</p>
<p>Illustration</p>  <p>6. 1. 2. 3. 4. 5.</p> <p>Hormones</p>	<p>Application/ Outcomes</p> <ul style="list-style-type: none"> • Body part bingo • Life cycle quiz • Body changes worksheet – spot the difference • Puberty card sort • Healthy relationships situation cards • Write sleep leaflets • Sorting good/bad things for teeth 	<p>Concepts</p> <p>The human lifecycle How puberty is linked to reproduction Respect in a range of relationships and healthy relationships</p> <p>The importance of sleep</p> 
<p>Other/Cross Curricular Links with English/Maths</p> <p>Anti racism</p> <p>Science – Life cycles, body parts, reproduction, teeth (Links to Animals inc. Humans unit on animal teeth)</p>		<p>Adaptation for SEND</p> <p>Visual images of body parts as well as vocabulary to match up</p> <p>Visual representations of the different stages of puberty</p> <p>True/False games and quizzes</p>