


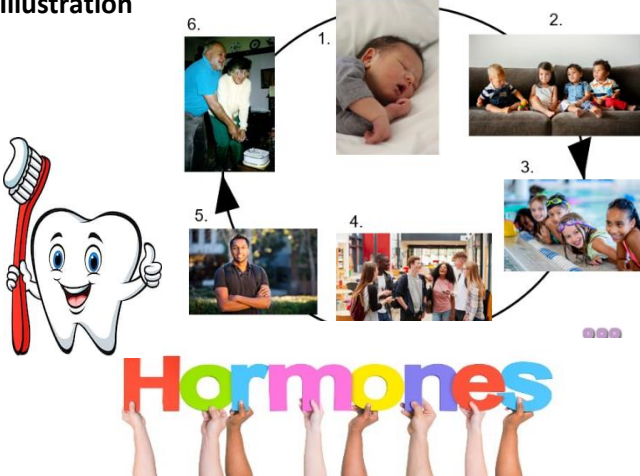



ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN

TOPIC TITLE/SUBJECT: PSHE - Growing and Changing (SRE)

YEAR GROUP: 4

TERM Summer 1

Vocabulary	Skills	What we already know
 <p><i>Puberty</i> human lifecycle CHANGES reproduce <i>respect</i> relationships friendships sleep</p>	<p>Skills</p> <ul style="list-style-type: none"> Understand that puberty is an important stage in the human lifecycle Know some changes that happen during puberty Know about the physical and emotional changes that happen in puberty Understand that children change into adults to be able to reproduce if they choose to Know that respect is important in all relationships including online Explain how friendships can make people feel 	<p>What we already know</p> <p>Year 3 – People are unique, differences between male and female bodies, the name of body parts, what is personal space, each person’s body belongs to them, how to keep our body healthy</p>
<p>Illustration</p> 	<p>Application/ Outcomes</p> <ul style="list-style-type: none"> Body part bingo Life cycle quiz Body changes worksheet – spot the difference Puberty card sort Healthy relationships situation cards Write sleep leaflets Sorting good/bad things for teeth 	<p>Concepts</p> <p>The human lifecycle How puberty is linked to reproduction Respect in a range of relationships and healthy relationships</p> <p>The importance of sleep</p> 
<p>Other/Cross Curricular Links with English/Maths</p> <p>Anti racism</p> <p>Science – Life cycles, body parts, reproduction, teeth (Links to Animals inc. Humans unit on animal teeth)</p>	<p>Adaptation for SEND</p> <p>Visual images of body parts as well as vocabulary to match up</p> <p>Visual representations of the different stages of puberty</p> <p>True/False games and quizzes</p>	