



ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN

TOPIC TITLE: PSHE - Safety

YEAR GROUP 5

TERM Spring 1

<p><b>Vocabulary</b></p> <p>Manners          Courtesy          Respect          Community          Risks          Dares          First aid          Participation          Voluntary</p>	<p><b>Skills</b></p> <ul style="list-style-type: none"> <li>• The conventions of courtesy and manners</li> <li>• Understand the importance of members of our school and local community who work to keep us safe</li> <li>• Concepts of basic first aid for example, dealing with common injuries including head injuries</li> <li>• Recognising early signs of physical illness such as weight loss or unexplained changes to the body</li> <li>• Discussing habits and the facts and associated risks of smoking and vaping</li> <li>• Identifying facts about legal (possibly) harmful substances and associated risks</li> <li>• Risks of smoking and vaping</li> <li>• Different medicines</li> </ul>	<p><b>What we already know</b></p> <p><b>Year 3</b></p> <ul style="list-style-type: none"> <li>• Basic manners and courtesy</li> <li>• Rights and responsibilities</li> <li>• Our learning behaviours</li> </ul> <p><b>Year 4</b></p> <ul style="list-style-type: none"> <li>• People who keep us safe</li> <li>• Risks at home, school and our local area</li> <li>• Actions that affect our safety</li> <li>• Some ways to improve our mental well being</li> <li>• How to make a 999 call</li> </ul>
<p><b>Illustration</b></p> <p><b>D</b>ANGER  <b>R</b>ESPONSE  <b>A</b>IRWAY  <b>B</b>REATHING  <b>C</b>IRCULATION</p>	<p><b>Application/ Outcomes</b></p> <ul style="list-style-type: none"> <li>• Learning behaviour goals for Y5</li> <li>• Profiles of people who keep us safe</li> <li>• Staying safe in our community scenarios</li> <li>• Risks and dares</li> <li>• Serious injuries</li> <li>• Common injuries</li> <li>• Nutritional label top trumps</li> <li>• Choosing and completing a change 4 life activity</li> <li>• Healthy/unhealthy habits sort</li> <li>• Smoking comprehension</li> <li>• Debate about energy drinks</li> </ul>	<p><b>Concepts</b></p> <ul style="list-style-type: none"> <li>• Courtesy and manners</li> <li>• Safety in our community and what this looks like</li> <li>• Learning behaviours</li> <li>• Importance of first aid</li> </ul>
<p><b>Other/Cross Curricular Links</b></p> <p>English – explorers guide risks/first aid          All learning – learning behaviours  <b>SEN adaptations</b> – Adapted texts, role play for first aid</p>		