



## ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN

**TOPIC TITLE/SUBJECT: OAA**

**YEAR GROUP: 5**

**TERM: Summer 2**

<p style="text-align: center;"><b>Vocabulary</b></p> <ul style="list-style-type: none"> <li>• Outdoor adventurous activities</li> <li>• Teamwork</li> <li>• Communication</li> <li>• Cooperation</li> <li>• Leadership</li> <li>• Roles</li> <li>• Challenge</li> <li>• Orienteate</li> <li>• Trail</li> <li>• Key</li> <li>• Evaluate</li> <li>• Personal performance</li> <li>• Orienteering</li> <li>• Map</li> <li>• Key</li> <li>• Scale</li> <li>• Navigate/navigation</li> <li>• Compass</li> <li>• Markers</li> </ul>	<p style="text-align: center;"><b>Skills</b></p> <ul style="list-style-type: none"> <li>• Start to orientate themselves with increasing confidence and accuracy around an orienteering course.</li> <li>• Design an orienteering course that can be followed and offers some challenge to others.</li> <li>• Begin to use navigation equipment to orientate around a trail.</li> <li>• Use clear communication to effectively complete a particular role in a team.</li> <li>• Complete orienteering activities both as part of a team and independently.</li> <li>• Identify a key on a map and begin to use the information in activities.</li> <li>• Choose the best equipment for an outdoor activity.</li> <li>• Create an outdoor activity that challenges others.</li> <li>• Create a simple plan of an activity for others to follow.</li> <li>• Identify the quickest route to accurately navigate an orienteering course.</li> <li>• Communicate clearly and effectively with others.</li> <li>• Work effectively as part of a team.</li> <li>• Successfully use a map to complete an orienteering course.</li> <li>• Begin to use a compass for navigation.</li> <li>• Complete an orienteering course on multiple occasions, in a quicker time due to improved technique.</li> <li>• Offer a detailed and effective evaluation of both personal performances and activities.</li> <li>• Improve a trail to increase the challenge of the course.</li> </ul>	<p style="text-align: center;"><b>What we already know</b></p> <ul style="list-style-type: none"> <li>• OAA does not form part of the P.E. curriculum at KS1.</li> <li>• In lower KS2 children have taken part in team building activities with a strong focus on their communication skills. Children have previously begun to orientate themselves with increasing confidence and accuracy around a short trail. They have completed orienteering courses and know what a key is.</li> </ul>								
<p><b>Application/ Outcomes</b></p> <ul style="list-style-type: none"> <li>• To successfully navigate around different courses / trails using maps / compasses.</li> <li>• To set up and follow own and others' trails.</li> </ul>		<p><b>Concepts</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">• Map work</td> <td style="width: 50%;">• Keys</td> </tr> <tr> <td>• Compass work</td> <td>• Cooperation</td> </tr> <tr> <td>• Direction</td> <td>• Teamwork</td> </tr> <tr> <td>• Degrees</td> <td>• Communication</td> </tr> </table>	• Map work	• Keys	• Compass work	• Cooperation	• Direction	• Teamwork	• Degrees	• Communication
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<p><b>Other/Cross Curricular Links with English/Maths</b></p> <ul style="list-style-type: none"> <li>• Maths – direction, co-ordinates, degrees</li> <li>• PSHCE – turn taking, working with peers, cooperation, leadership, communication.</li> <li>• Geography – map work, orienteering, compass work.</li> </ul>	<p><b>Adaptation for SEND</b></p> <ul style="list-style-type: none"> <li>• Less success criteria</li> <li>• Simplified maps</li> <li>• Selective partnerships / teams for support</li> <li>• Adapted course / trails</li> <li>• Longer time to complete tasks</li> <li>• Adult support</li> </ul>									