



## ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN

**TOPIC TITLE/SUBJECT:** Tennis

**YEAR GROUP:** 5

**TERM:** Spring 2

<p style="text-align: center;"><b>Vocabulary</b></p> <ul style="list-style-type: none"><li>• Forehand</li><li>• Backhand</li><li>• Serve (overhead)</li><li>• Volley</li><li>• Accuracy</li><li>• Technique</li><li>• Shot</li><li>• Rally</li><li>• Ace</li></ul>	<p style="text-align: center;"><b>Skills</b></p> <ul style="list-style-type: none"><li>• Identify and apply techniques for hitting a tennis ball.</li><li>• Explore when different shots are best used.</li><li>• Develop a backhand technique and use it in a game.</li><li>• Practise techniques for all strokes.</li><li>• Play a tennis game using an overhead serve.</li><li>• Demonstrate an increasing awareness of space.</li><li>• Consistently perform and apply skills and techniques with accuracy and control.</li><li>• Take part in competitive games with a strong understanding of tactics and composition.</li></ul>	<p style="text-align: center;"><b>What we already know</b></p> <ul style="list-style-type: none"><li>• At KS1, children have previously had some exposure to trying to hit a ball using a racquet. They will have practised this skill in isolation and have limited / no understanding of the rules of tennis or applying this skill in a game situation.</li><li>• In lower KS2, these skills have been built upon and children have previously practised using forehand and backhand shots in isolation as well as applying these to small-sided games of tennis 1v1. They have also practised serving in isolation as well as practised using this in a small game.</li><li>•</li></ul>
<p><b>Application/ Outcomes</b></p> <ul style="list-style-type: none"><li>• To apply all of the above skills in small sided games. There should be a greater focus on developing the tactics used in game play and getting children to understand why certain tactics are better and when to use them most effectively.</li></ul>		<p><b>Concepts</b></p> <ul style="list-style-type: none"><li>• Forehand</li><li>• Backhand</li><li>• Serving</li><li>• Positioning</li><li>• Rallies</li><li>• Volley</li><li>• Scoring a game</li></ul>
<p><b>Other/Cross Curricular Links with English/Maths</b></p> <ul style="list-style-type: none"><li>• Maths – direction, angles, speed</li><li>• PSHCE – turn taking, working with peers, cooperation, relationships, teamwork.</li></ul>	<p><b>Adaptation for SEND</b></p> <ul style="list-style-type: none"><li>• Adapted equipment e.g. various balls.</li><li>• Simplified skills / adapted practices</li><li>• Practising skills in isolation</li><li>• Shorter distances</li><li>• Reduced playing area</li><li>• Higher / lower nets</li><li>• Less people in game situations</li><li>• Selected learning partners</li></ul>	