

ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN



TOPIC TITLE/SUBJECT: PSHCE (Relationships and Health)

YEAR GROUP: 6

TERM Autumn 1

<p>Vocabulary</p> <p>Friendship, healthy, unhealthy, security, mutual respect, positive, negative, friends, FAMILY, advice, support, characteristics, truth, trustworthiness, honesty, loyalty, kindness, generosity, marriage, commitment, consent, secrets, partnership</p>	<p>Skills</p> <ul style="list-style-type: none"> • How important friendships are in making us feel happy and secure • How people choose and make friendships, the characteristics of friendships: Mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and support • How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, how to seek advice from others, if needed • Practical steps they can take in a range of different contexts (friendship) to improve or support healthy relationships • Practical steps they can take in a range of different contexts (families) to improve or support healthy relationships • Understand that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong 	<p>What we already know</p> <p>Year 3</p> <ul style="list-style-type: none"> • Why do we have friends? • What is bullying? The impacts it can have • The ups and downs of friendships, good and bad friendships • Different types of families <p>Year 4</p> <ul style="list-style-type: none"> • Resolving differences • The difference between lonely and alone • What makes a happy family? • What marriage is <p>Year 5</p> <ul style="list-style-type: none"> • Discrimination and equality • Different types of bullying and the impact on mental health • Where to seek help if we are worried
<p>Application/ Outcomes</p> <ul style="list-style-type: none"> • Discussion around elements of healthy eating and unhealthy relationships • List strategies for managing conflict • Identify lists of who you can trust • Use scenario cards to explore the negative/positives of keeping secrets • Prioritised marriage/relationships commitments using zones of regulations. 		<p>Concepts</p> <ul style="list-style-type: none"> • Family & Friends • Positive relationships • Friendship • Respect • Healthy and unhealthy relationships
<p>Other/Cross- Curricular Links</p> <p>PE –Healthy body, health mind. RE – respect, discrimination, equality, commitment, PSHCE – How do we stay healthy? The effect of drugs SEN adaptations – differentiated questioning Body image lesson (nurse follow up)</p>		