



ALMOND HILL JUNIOR SCHOOL MEDIUM TERM PLAN

TOPIC TITLE/SUBJECT: PSHE Relationships and Sex Education

YEAR GROUP: 6

TERM Spring 2

<p>Vocabulary</p> <p>womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, FOSTERING, adoption, relationships, friendship, love, consent, intimacy, communication.</p>	<p>Skills</p> <ul style="list-style-type: none">• To describe how and why the body changes during puberty• To discuss puberty and reproduction with confidence• Explain differences between healthy and unhealthy relationships• Know that communication and permission seeking are important• <i>To consider different ways people might start a family</i>• <i>Describe the decisions that have to be made before having children</i>• <i>Know some basic facts about conception and pregnancy</i>• To have considered when it is appropriate to share personal/private information in a relationship• To know how and where to get support online if a relationship goes wrong	<p>What we already know</p> <p>Year 3 – People are unique, differences between male and female bodies, what is personal space, each person’s body belongs to them, differences in family set-up</p> <p>Year 4 – Puberty is an important stage in the human lifestyle, some changes that happen during puberty, children change into adults to be able to reproduce if they choose to, respect is important in all relationships including online, friendships can make people feel unhappy of uncomfortable</p> <p>Year 5 – Physical and emotional changes that happen during puberty, ask questions about puberty with confidence, puberty affects reproductive organs, what happens during menstruation and sperm reproduction, how to keep clean during puberty, how to get help and support during puberty</p>
<p>Application/Outcomes</p> <ul style="list-style-type: none">• Video linked to communication in healthy/unhealthy relationships followed by whole class scenario sorting• E-Safety links - Children identify technologies which are used by people their age and debate to reach a consensus on whether given statements are true or false	<p>Concepts</p> <ul style="list-style-type: none">• Puberty• Reproduction• Relationships• Only you have the right to make decisions about your body• Healthy relationships feature happiness, mutual consent and effective communication	<p>Other/Cross- Curricular Links</p> <p>Science – Reproduction and gestation</p> <p>Computing – E-safety</p>