Save money and cook better than the takeaway

Bags of Taste

Join our free, fun cooking courses

Impress your friends, learn to cook great food at home in just two weeks!

Chana Masala

Italian Pasta Sauce

Middle Eastern Pilaf

Meals can be quick, fun and cheap to cook:

- Free ingredients included
- Free, flexible, home-based short courses
- All you need is a kitchen and a phone

To register

Phone / text / WhatsApp
07813 678 660
Email:
stevenage@bagsoftaste.org

Sign up online:
https://bagsoftaste.org/students

Stevenage BOROUGH COUNCIL

North Herts Council

All you need is a kitchen and a phone!

Are you worried about the rising cost of food and how to eat healthily on a tight budget?

Then join one of our free, fun cooking courses. Learn how to make delicious, healthy meals from all over the world whilst saving money.

FREE, ingredients included*

- Cook tasty, exciting meals, cheaply
- Get tips on how to budget and save money when you're shopping
- Learn how to waste less

How does it work?

We deliver three step-by-step recipes and all the ingredients you need, straight to your door.
Your personal mentor will support you by phone or WhatsApp with lots of tips and advice along the way.

What do I need to do?
All we ask is that you cook the three recipes and post photos of your lovely food, then at the end we'll send you a free gift and more great budget-friendly recipe sheets.

How long does it take?
About two weeks but you can work at your own pace.

How do I join?

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Email:
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Once we've confirmed your registration we'll contact you to arrange your delivery

*For qualifying participants only