

# Online Safety News



Autumn 2019 | PARENTS/CARERS

## Setting parental controls

Internet matters have published several really useful 'step by step' guides to help parents set up the controls and privacy settings on the networks, gadgets, apps and sites children may be using to help give them a safer online experience.



There are various types of controls that can be used, some of which are free to install. It is worth remembering, however, that nothing is totally full proof and setting parental controls should not replace the need for parents to support and advise children about using the internet safely.

<https://www.internetmatters.org/parental-controls/>

## Keeping children in care safe online

Most children in care use the internet safely but there can be risk factors which make them more vulnerable online. As a carer there are steps you can take to help keep your child safe online. The National Crime Agency and CEOP has published advice specifically for carers on how to protect children and the ways children can protect themselves. The resources are designed to help you equip children with key skills they need to help them be more resilient online. The resources also including Parent Guides to update you on the latest technology, social media and gaming trends and advice on how to help children explore the digital world safely.

Visit the thinkuknow website for further information

<https://www.thinkuknow.co.uk/parents/articles/Looked-after-children-Specific-risks/>



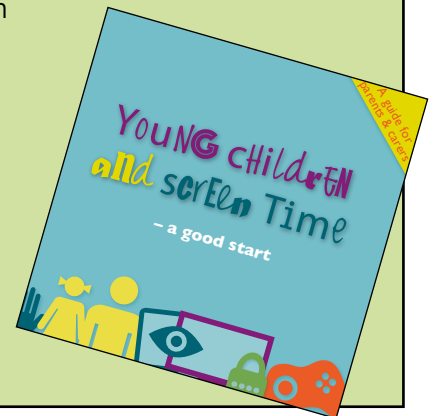
## 'Young Children and screen time - a good start'

A really useful guide has been created by SWGfL, Childnet and the Internet Watch Foundation which offers advice, tips and checklists to help parents and carers support children's online activity and get them off to a good safe start in the online world.

The guide includes advice on:

- Using devices together
- Setting rules for media and technology use at home
- Finding the right settings and parental controls
- Being a good role model

<https://www.childnet.com/ufiles/Young-children-and-screen-time---a-guide-for-parents-and-carers.pdf>



## Try a device free dinner!

Enjoy a meal together without the distractions of devices as part of your family's healthy digital lifestyle! Will Ferrell finds this very difficult in this funny film clip!!

<https://www.youtube.com/watch?v=6rgNz7TFsE0>

## Net Aware Guide

The O2 and NSPCC'S Net Aware guide for parents has useful information on the latest apps, sites and games popular with children. The guide reviews privacy settings, suitable ages and appropriate content for many sites currently popular with children. Using Net Aware, parents can form their own views about whether an app, site or game is appropriate for their children.

To find out more, visit <https://www.net-aware.org.uk/>

